## Safety SOOt





Division of the Fire Marshal

**PREVENTION** 

**EDUCATION** 

INTERVENTION

**IMPACT** 

## **Welcome Back!**

It's that time of year again where the kids are all headed back to school! During the flurry of getting school supplies, picking class schedules and filling out forms, take the time to talk to your kids about their safety going to and from school. Whether children walk, ride their bicycle or take the bus to school, it is extremely important that they take proper safety precautions. The Colorado Springs Fire Department wants your children to be successful and safe this school year.

To ride safely, you need to know the rules of the road. If you don't, then you should not ride in traffic or without an adult. Ride on the right side of the road or trail in a single file line in the same direction as other vehicles and come to a complete stop before crossing streets. Wait for a driver's signal before crossing the street. When you ride your bicycle, wear bright colors during the day and right before the sun rises or sets.

Make sure that your helmet fits correctly. The helmet should fit low on your forehead so that two fingers fit between it and your eyebrows. Another way to check is to put the helmet on your head and look up. If you can't see your helmet, it is too far back.







## Action Steps You Can Take:

More children are hit by cars near schools than any other location. Always obey the speed limit in school zones. Take extra care to look out for children in school zones, near playgrounds and parks.

## WALKING TO SCHOOL

- Walk to school with a group of kids and always have a responsible adult with you.
- Always walk on the sidewalk if one is available.
- If no sidewalk is available, walk facing the traffic.
- The safest place to cross is at a street corner or intersection.
- Before you step off the curb to cross the street, stop and look all ways to see if cars are coming.

- When no cars are coming, it is safe for you and an adult to cross.
  Look left-right-left as you do it, and hold the adult's hand.
- Walk, don't run. This gives time for drivers to see you before you enter the roadway. Running also makes you more likely to fall in the street.
- Don't dart out in front of a parked car. The driver of the car will not be able to see you.

\*Source SafeKids Worldwide